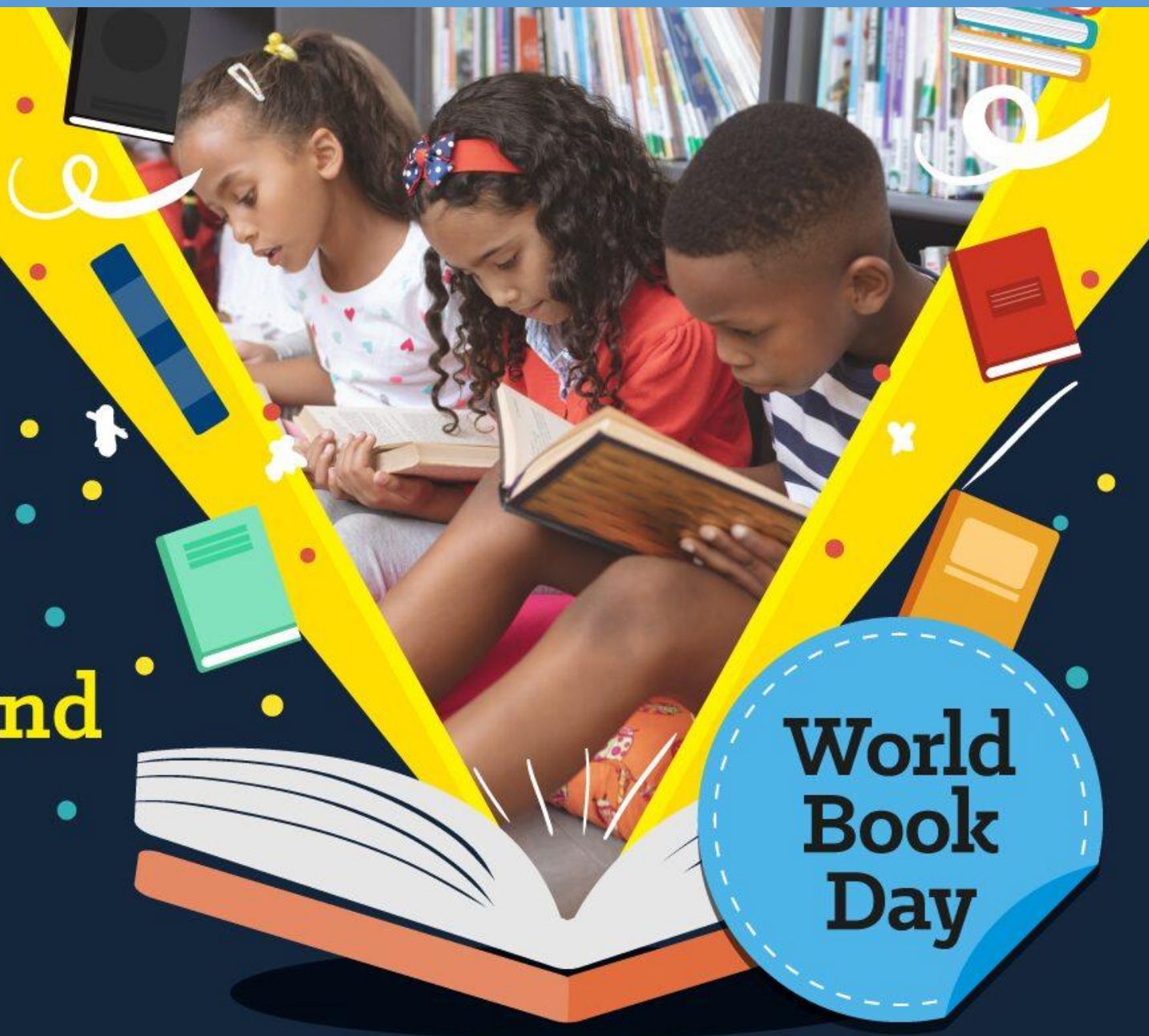


Reading for
pleasure from
an early age
**benefits children
throughout their
education and beyond**

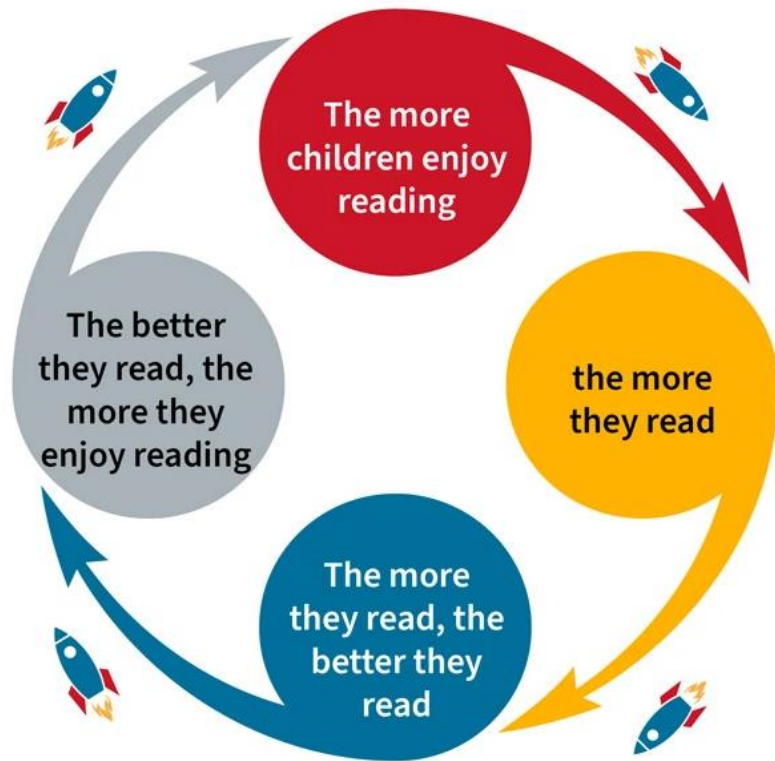


Department
for Education

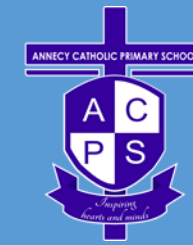
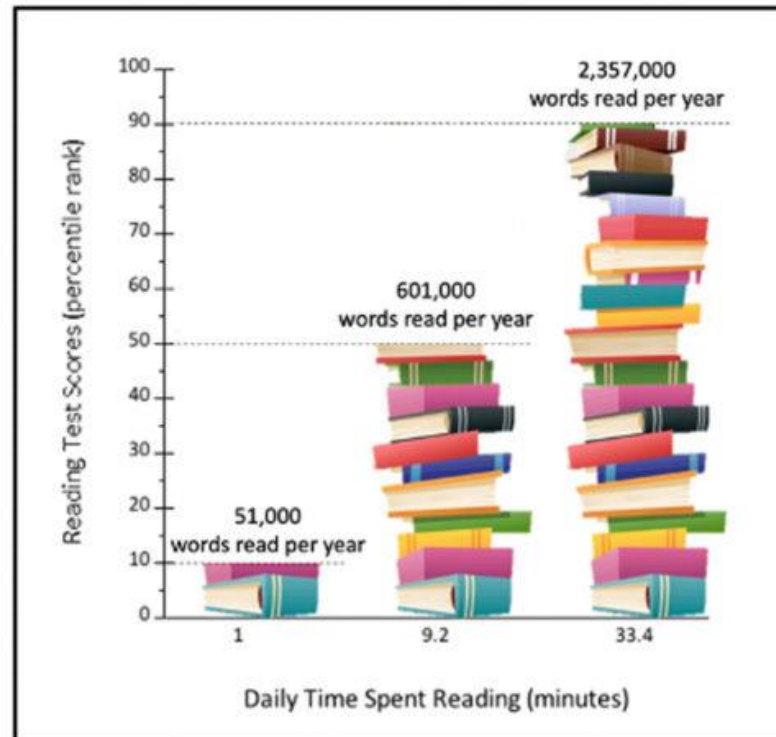


**World
Book
Day**

THE VIRTUOUS reading cycle



'Reading for Pleasure is the single most important indicator of a child's future success'
(OECD, 2002)



ANNECY
CATHOLIC PRIMARY SCHOOL

*"The more you read
the more things you know.
The more that you learn
the more places you'll go."*
-Dr. Seuss



If you and your kids read just one book a day together, they will have enjoyed

1,825
books by their 5th birthdays.

WHY READ 20 MINUTES AT HOME?

Student A Reads	Student B Reads	Student C Reads
❖ 20 minutes per day.	❖ 5 minutes per day.	❖ 1 minute per day
❖ 3,600 minutes per school year.	❖ 900 minutes per school year.	❖ 180 minutes per school year.
❖ 1,800,000 words per year.	❖ 282,000 words per year.	❖ 8,000 words per year.
❖ Scores in the 90 th percentile on standardized tests.	❖ Scores in the 50 th percentile on standardized tests.	❖ Scores in the 10 th percentile on standardized tests.

If they start reading for 20 minutes per night in Kindergarten, by the end of 6th grade, Student A will have read for the equivalent of 60 school days, Student B will have read for 12 school days, and Student C will have read for 3.

(Nagy and Herman, 1987.)

WANT TO BE A BETTER READER? SIMPLY READ.



Proven positive
impact on academic
attainment

8 REASONS WHY READING IS GOOD FOR CHILDREN'S MENTAL HEALTH



Reading cultivates empathy and can even improve their social skills.



Books invite them to think and problem solve, thus improving creativity.



The stories of others can help them put their own life into perspective.



Books allow them to escape into other realities and worlds.



Reading can improve their memory and reduce the risk of falling behind.



Reading for pleasure can lower their stress and promote relaxation.



Reading can help development at school and reduce exam anxiety.



Reading before bed can help them establish a regular bedtime routine.

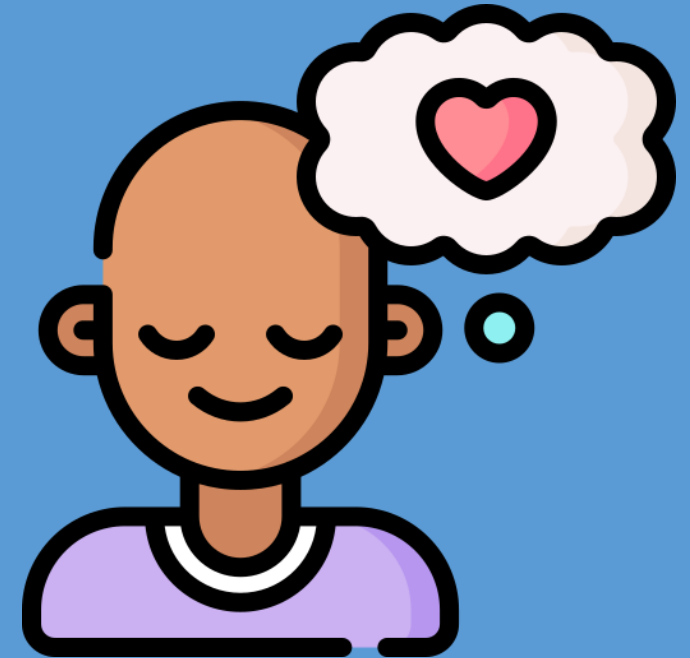


CAMHS
PROFESSIONALS



ANNECY

CATHOLIC PRIMARY SCHOOL



Proven positive impact on mental health



ANNECY
CATHOLIC PRIMARY SCHOOL

Six Elements - One Reading Superpower

The evidence base shows there are 6 building elements which support a child to read for pleasure

1. Being read to regularly
2. Having books at home and at school
3. Having a choice in what to read
4. Finding time to read
5. Having trusted help to find a book
6. Making reading FUN!

Six Elements - One Reading Superpower

The evidence base shows there are 6 building elements which support a child to read for pleasure

1. Being read to regularly

Children love spending time looking at books with adults.

It makes a big difference to their futures to spend 10 minutes a day sharing a story.

There are no right or wrong ways to read out loud. You could try:

- **I wonder...**
Ask open questions about how characters are feeling or what might happen next or why things are in the illustration.
- **Bring the book to life...**
Make faces, use voices, include actions – have fun together!
- **That reminds me of...**
Make personal connections.

- **What have you seen there?**
Follow their interests.
- **That's made me feel...**
Let your child know how the events of the story have affected you.
- **Oo look at that!**
Let them know what you have noticed.
- **Again, again...**
Re-reading is a great source of comfort for children – and a chance to spot things that you didn't see first time round. Challenge yourself to spot something new each time.

WORLD BOOK DAY

Sharing stories together

Children love spending time looking at books with adults. It makes a big difference to their futures to spend 10 minutes a day sharing a story. There are no right or wrong ways to read out loud but sometimes it can be tricky to know where to begin. Here are a few tips and ideas to get you started.

- **I wonder...**
Ask open questions about how characters are feeling or what might happen next or why things are in the illustration.
- **Bring the book to life...**
Make faces, use voices, include actions – have fun together!
- **That reminds me of...**
Make personal connections.
- **What have you seen there?**
Follow their interests.
- **That's made me feel...**
Let your child know how the events of the story have affected you.
- **Oo look at that!**
Let them know what you have noticed.
- **Again, again...**
Re-reading is a great source of comfort for children – and a chance to spot things that you didn't see first time round. Challenge yourself to spot something new each time.

This guide is based on the work of The Open University. For further tips and advice on how to enjoy sharing and reading stories together, visit their website [here](#) for helpful videos and resources.

SPONSORED BY NATIONAL BOOK TOKENS

Changing lives through a love of books and shared reading.
World Book Day is a registered charity funded by publishers and booksellers in the UK & Ireland.

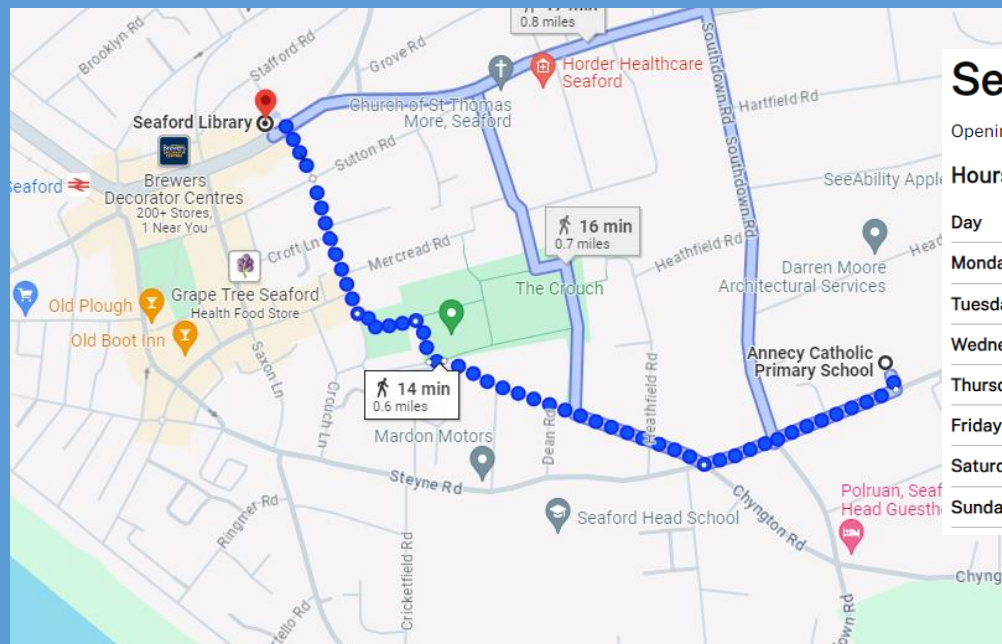
#WorldBookDay



Six Elements - One Reading Superpower

The evidence base shows there are 6 building elements which support a child to read for pleasure

2. Having books at home and at school



Seaford Library

Opening hours, contact details and more information about Seaford Library.

Hours

Day	Hours
Monday	2pm to 5pm
Tuesday	10am to 5pm
Wednesday	10am to 1pm
Thursday	11am to 6pm
Friday	10am to 5pm
Saturday	10am to 4:30pm
Sunday	Closed



Six Elements - One Reading Superpower

The evidence base shows there are 6 building elements which support a child to read for pleasure

3. Having a choice in what to read

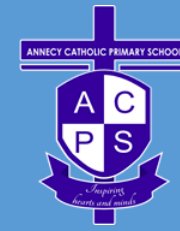
The Power of Choice

For some, reading can be seen as a mundane task if positive associations have not been created. This is why it's important to allow children to choose what they read, and to take advantage of every opportunity for self-selection, especially outside of the classroom! In fact,

88% of kids say they're more likely to finish a book they picked out themselves, and

89% of kids agree that their favorite books are the ones that they picked out for themselves





Six Elements - One Reading Superpower


The evidence base shows there are 6 building elements which support a child to read for pleasure

4. Finding time to read



Start setting aside
5-10 minutes a day

Make it a part of
your routine



Read while you are
waiting for your kids



Keep a book
in the car



Have reading
materials around
the house



Read a few pages
while doing other tasks



<https://www.booktrust.org.uk/books-and-reading/tips-and-advice/reading-tips/>

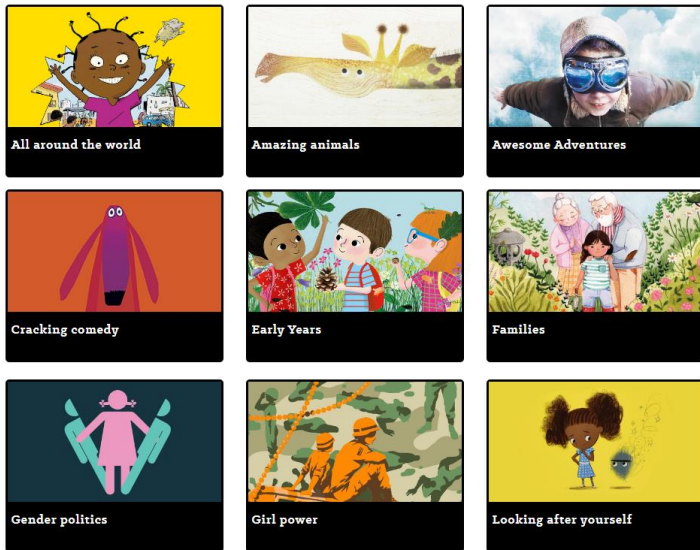
<https://www.scholastic.com/parents/books-and-reading/raise-a-reader-blog/6-ways-to-fit-read-aloud-time-your-child-busy-days.html>

Six Elements - One Reading Superpower

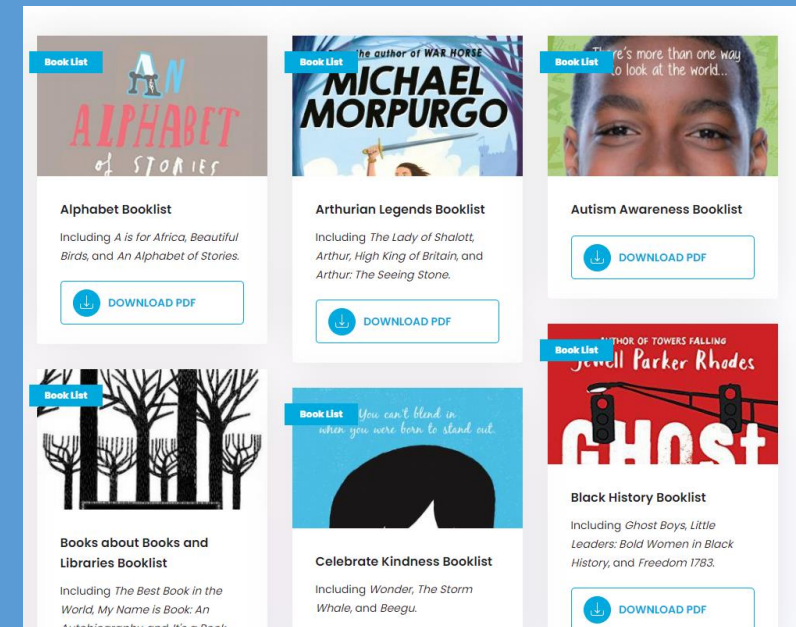
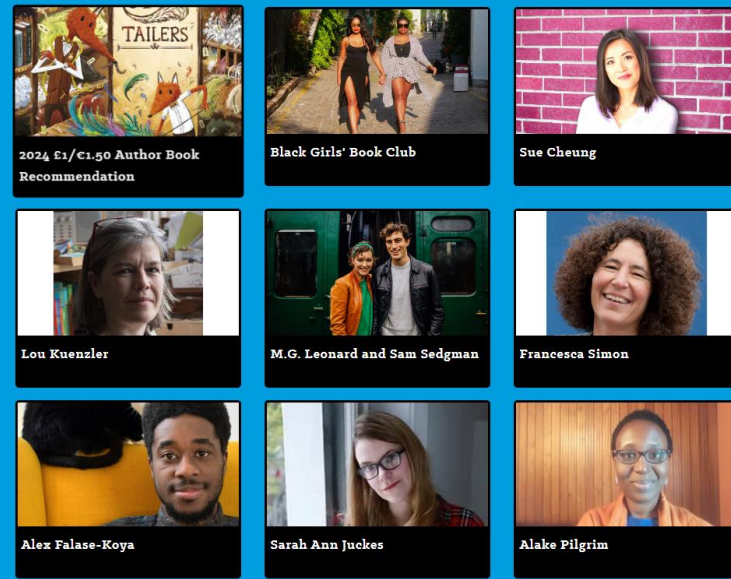
The evidence base shows there are 6 building elements which support a child to read for pleasure

5. Having trusted help to find a book

CORE READING LISTS



AUTHOR RECOMMENDATIONS



<https://www.worldbookday.com/reading-recommendations>

<https://clpe.org.uk/books/booklists>

Six Elements - One Reading Superpower

The evidence base shows there are 6 building elements which support a child to read for pleasure

6. Making reading FUN!

